

North Bradley Anti-Bullying Guidelines for Parents

What is Bullying?

Bullying is when someone wants to hurt or upset someone repeatedly. It can be:

- Emotional being unfriendly, not allowing to join in, tormenting (e.g. hiding books, threatening gestures)
- Physical pushing, kicking, hitting, punching or any use of violence
- Verbal name-calling, sarcasm, spreading rumours, teasing

Bullying of any kind is unacceptable at our school. We want North Bradley Primary School to be a caring, friendly and safe place for all, so that children can learn without worrying about being upset or hurt. No one deserves to be a victim of bullying. Everybody has the right to be treated with respect. Pupils who are bullying need to learn different ways of behaving. We have a responsibility to respond promptly and effectively to issues of bullying. If bullying does occur, all pupils should be able to tell and know that incidents will be dealt with promptly and effectively. We are a TELLING school. This means that anyone who knows that bullying is happening is expected to tell the staff.

North Bradley School response to bullying

1. The School Rules and our Home School Agreement, help us all to agree what is acceptable behaviour and what is not.
2. Three members of staff are on playground.
3. Children are encouraged to tell teachers and other school adults if they are bullied or see bullying happening.
4. The bullies are asked to apologise to those they have bullied.
5. If necessary the bully is removed from the playground or classroom and a record of the situation kept.
6. If the bully keeps bullying, their parents are informed and will be asked to come in to a meeting to discuss the problem.
7. We try to help the bully (bullies) change their behaviour.

How and what children learn about bullying in our lessons?

Bullying is discussed throughout the year in our classrooms during specific lessons and in response to playground and classroom situations, through PSHE&C or Circle Time. We use the annual Anti-bullying Week, to make bullying the focus of our PSHE&C work and it is also discussed during our Life Bus visits. We use role-play, poetry, discussions, activity books and stories to help us understand both the person being bullied and the bully. We learn how everyone feels, how to stop bullying and what to do if we are bullied or see bullying happening.

How can you help?

1. Discuss with your child what bullying actually is, as the term can often be used inappropriately e.g. when friends fall out or in normal, boisterous playground behaviour.
2. Be aware of signs of bullying and talk to your child, children who are bullied can become sad, quiet, lonely, and not want to come to school.
3. If you have concerns speak to your child's class teacher.
4. Do not approach the child or parents of the others involved.
5. If you feel your concerns are not being dealt with then see the head teacher.

We hope you find this document helpful.