

PARLEY COUNTY FIRST SCHOOL



PERSONAL, SOCIAL AND HEALTH EDUCATION POLICY

‘Education should develop your personality and talents to the full. It should encourage you to respect your parents, your own and other cultures.’

‘All children have a right to relax and play, and to join in a wide range of activities.’

Articles 29 and 31 UNICEF Convention on the rights of the Child

Parley is a Rights Respecting School

School Aims

At Parley First School we aim to:

- Recognise and develop the full potential of every child, providing equal opportunities for all
- Provide a safe, healthy and nurturing environment to enable every child to know and achieve success
- Promote understanding of rights and responsibilities to enable children to grow into independent and responsible citizens
- Inspire a love of learning that lasts for life
- Enhance learning through community partnership

Introduction

At Parley First School we want everyone to feel valued and to be treated with respect in line with our aims. Everyone is expected to act with care, courtesy and consideration. All children should enjoy school life and feel secure and safe within the school community.

PSHE is concerned with the emotional health, well being and welfare of the pupils in our school. PSHE enables pupils to become effective learners and supports them as they move from childhood through adolescence to become independent young people and effective citizens. There are very strong links between PSHE and our approaches to behaviour and discipline. Adults will provide positive role models by promoting respect for one another, the environment and the creatures that share our world.

Aims of this policy

- To promote a positive sense of self worth
- To promote good relationships with others
- To promote respectful attitudes towards others and an understanding of differences between people and their viewpoints
- To provide opportunities to share and explore life experiences/emotions/difficulties
- To equip pupils with knowledge about the world in which we live
- To encourage pupils to make informed decisions
- To promote a healthy and safe lifestyle
- To provide opportunities, responsibilities and experiences that will prepare pupils for life outside of the school environment.

We achieve our aims through:

The curriculum

The Social and Emotional Aspects of Learning (SEAL) programme is taught throughout the school as part of the Rainbow scheme of work. Discussion, debate and circle time are used to develop interactive learning. Children take part in activities and discussions within the classroom, and a weekly assembly consolidates the learning and rewards positive attitudes with Rainbow certificates. PSHE activities provide opportunities for all pupils to excel and enable opportunities for reflection on behaviour issues.

In addition to the designated curriculum time, children are able to express themselves and are given an opportunity to feel proud of their achievements in specific activities throughout the year – for example Arts week, drama workshops, music workshops, sports events, celebration evenings and assemblies to parents.

Nurture groups

Small group SEAL sessions take place on a weekly basis to enable children to explore various aspects of the SEAL curriculum in greater depth. The aim of these groups is to encourage self confidence and develop positive behaviour. They enable the children more time and space to reflect on the SEAL topics and apply the principles in their own lives.

Quiet Space

We are striving to ensure that throughout the school there are quiet spaces where children can go to reflect on various issues. Children are able to go into these areas independently, and take time out to think about their situation. Each area has various items to help the child feel safe and comfortable, such as cushions, soft toys to talk to and hug, books to read and calming lights/music. Children are encouraged to spend no longer than 5 minutes in the space at any one time. It is an immediate way that children can calm themselves down, or take time to reflect on a particular issue that is causing them concern.

School Council

Representatives from each class are able to meet and discuss particular issues that arise within the school environment with regard to PSHE. As a direct result of the children's ideas various initiatives have been introduced to encourage positive play at break times.

Life Education van

Every child is given the opportunity to visit the Life Education Van once a year. During these sessions, the children are taught vital skills such as resisting peer pressure, looking after their bodies and saying no to drugs. Children are encouraged to think about how the choices they make can affect their lives in years to come.

National Healthy Schools Standard scheme

Parley First School has achieved National Healthy Schools status and is now moving forward in the enhancement programme to maintain this status. As part of this programme, all children are encouraged to eat fresh fruit or vegetables at snack time, and to drink water or milk. They are encouraged to take part in physical activities throughout the school day, such as 'Wake and Shake', 'Huff and Puff' and running the 'Golden Mile' during the summer months.

Fair Trade Cafe

In the summer term selected children are invited to run 'Munch and Crunch', a fair trade cafe that pupils can visit at break time or after school once a week. Throughout the project children are made aware of the standards of living for people in developing countries, and are encouraged to make informed choices when buying various food items. The project involves learning about money management, ethical choices and healthy eating.

Assessment for Learning and Recording

Assessment is made in various ways:

- Observing and questioning the pupils during lessons
- Pupil displays
- Discussion in class assemblies
- Pupil interviews
- Pupil's work
- Peer assessment
- Children's progress in PSHE is reported to parents in their annual reports

Safe guarding

The teaching of PSHE may bring about disclosures of child protection issues. If a member of staff is concerned that a child is at risk or in danger, they should refer to the Safeguarding Policy and follow procedures accordingly.

Monitoring and Evaluation

This policy will be reviewed annually by the PSHE leader to ensure that it remains effective. Following review any amendments will be made to the policy and everyone informed of the amendments. The Governor with responsibility for PSHE will monitor this policy in line with governor visit policy.

At Parley First School we seek to enable the personal development of pupils, spiritually, morally, socially and culturally which plays a significant part in their ability to learn and achieve.

Policy Reviewed: Spring 2011

Next review: Spring 2012