

No Worries!

Introduction to Sex and Relationships

This course is aimed at anyone working with young people. The course will enable workers to gain a basic understanding of sex and relationships work and the law, and to refer young people to sources of further advice and services as appropriate.

This course is a prerequisite for 'C-Card Scheme Training', which enables workers to provide condoms as part of the c-card scheme in South Gloucestershire.

Aims of training:

- To increase awareness of the law around sex and young people
- Clarify young people's right to confidentiality
- Understand the basics of STIs and contraception
- Explore work around self-esteem and relationships
- Know how and where you can refer young people

Tuesday, 6th December

10am—4pm

Fromside Youth Centre

**Please note that lunch is not provided on this course so please bring your own lunch.*

Fee: No charge to attend, however this course is subject to a **£50 'no show' fee** for failure to attend or cancellation within 5 working days of start of course.

To book: email hrworkforcedevelopment@southglos.gov.uk with preferred dates and your full contact details including job title.

For more information about this course please contact Kathryn Kerry:
Email: yphealth@southglos.gov.uk Mobile: 07798 690 250

Places are limited so please sign up as soon as possible

